

Early Career Educators : **Self Care Workshop**

♥ **Be Your Own Valentine!** ♥

In this workshop you will learn different ways to take care of yourself: Self Care, Stress Management, Relationship Building, & More!

Brought to you by the
TABCO Membership
Committee

tabco 
Teachers Association of Baltimore County

www.tabco.org

Empower • Advocate • Lead

Thursday, February 13, 2020 4:30pm-7pm
at the TABCO Office: 1220 East Joppa Road,
Building C, Suite 514, Towson, MD 21286

Registration is required to attend this event.
Contact Stacie Strickland to reserve your space:
sstrickland@mseanea.org 410-828-6403

Register online: <https://earlycareereducatorsselfcare.eventbrite.com>